



Springhurst Elementary School

September 2023

Breakfast menu

MTO .. Made to Order



**Labor Day
Schools
Closed**

WG French Toast Sticks
Assorted Cereals
Chocolate Chip Muffin
Milk
Orange Wedges

Mini Pancakes
MTO Breakfast Sandwiches
Assorted Cereals
Blue Berry Muffin
Milk
Fresh Pears

Donut
MTO Breakfast Sandwiches
Fresh Strawberries
Apple Cinnamon Muffin
Milk

Waffles
MTO Breakfast Sandwiches
Red Apple
Banana Muffin
Milk

French Toast
Chocolate Chip Muffin
MTO Breakfast Sandwiches
Fresh Apples
Milk

Fresh Waffles
Blue Berry Muffin
MTO Breakfast Sandwiches
Nectarines
100% Fruit Juice
Milk

Pancakes
Apple Cinnamon Muffin
MTO Sandwiches
Fresh Peaches
100% Fruit Juice
Milk

WG Donut
Banana Muffins
Assorted Cereals
Banana
100% Fruit Juice
Milk

Mini Waffles
Chocolate Chip Muffins
MTO Breakfast Sandwiches
Grapes
Milk

Pancake Stick
Chocolate Chip Muffin
Assorted Cereals
Apple Slices
100% Fruit Juice
Milk

Mini Waffles
Blue Berry Muffins
MTO Breakfast Sandwiches
Mandarin
100% Fruit Juice
Milk

French Toast Stick
Apple Cinnamon Muffin
Assorted Cereals
Strawberries
100% Fruit Juice
Milk

Breakfast Pizza
Banana Muffins
MTO Breakfast Sandwiches
100% Fruit Juice
Milk

Donut Holes
Chocolate Chip Muffins
Assorted Cereals
Melon
100% Fruit Juice
Milk

**Yom Kippur
Schools
Closed**

Cinnamon Roll
Blue Berry Muffin
MTO Breakfast Sandwiches
Petite Banana
100% Fruit Juice
Milk

WG Donut
Apple Cinnamon Muffin
Assorted Cereals
Applesauce
100% Fruit Juice
Milk

Breakfast Pizza
Banana Muffins
MTO Breakfast Sandwiches
Fresh Peach
Milk

French Toast Stick
Chocolate Chip Muffins
Assorted Cereals
Grapes
100% Fruit Juice
Milk

More info...

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
WG Reduced Sugar Cereals
Fresh Fruit & 100% Fruit Juice

More info...

Any Questions or Concerns please contact
FSD Denise Delpesh 914-693-1500 ext: 3011.
"If you have an allergy please speak to the owner, manager, chef or server."

If you have any allergy please speak to the manager, chef, or food server.

Free and Reduce Application on DFSD website under meals & other payments

01

04



05

**Baked Chicken Nuggets w/Fries
Baby Carrots
Orange Wedges
100% Fruit Juice
Milk**

06

Turkey Nachos w/Rice
Kickin Pinto Beans
Fresh Strawberries
100% Fruit Juice
Milk

07

Cheeseburger or Hamburger
Mix Veggies
Celery Stick
Fresh Peaches
100% Fruit Juice
Milk

08

Cheese Pizza or Pepperoni Pizza
Steamed Broccoli Salad
100% Fruit Juice
Milk

11

Turkey Hot Dog
Buttered Corn
Celery Sticks
Fresh Peaches
100% Fruit Juice
Milk

12

Chicken Tenders w/Mashed Potato
Green Beans
Melon
100% Fruit Juice
Milk

13

Pasta w/Beef Meatballs
Peas & Carrots Salad
Apple Slices
100% Fruit Juice
Milk

14

French Toast Stick w/Chicken Sausage
Tater Tots
Carrot Sticks
Milk

15

Cheese Pizza or Pepperoni Pizza
Steamed Broccoli
Red Pepper Strips
Mandarin
100% Fruit Juice
Milk

18

Mac & Cheese w/Breadstick
Green Beans
Baby Carrots
Orange Wedges
100% Fruit Juice
Milk

19

BBQ Chicken & Cheddar Flatbread
Black Beans
Celery & Carrot Sticks
Fresh Pears
Milk

20

Popcorn Chicken & Potato Bowl
Tomato Wedges
Apple Slices
100% Fruit Juice
Milk

21

Mini Pancake w/Syrup
Hash Brown
Chicken Sausage
Buttered Corn
Petite Banana
Milk

22

Cheese Pizza or Pepperoni Pizza
Broccoli
Celery Sticks
Melon
100% Fruit Juice
Milk

25



26

Pizza Sticks w/Dipping Sauce
Sweet Potato Fries
Celery Sticks
Banana
100% Fruit Juices
Milk

27

Chicken Patty on WG Bun
Green Beans
Baby Carrots
Fresh Strawberries
100% Fruit Juice
Milk

28

Toasty Waffles w/Chicken Sausage
Tater Tots
Steamed Cauliflower
Fresh Pears

29

Cheese Pizza or Pepperoni Pizza
Steamed Broccoli
Red Peppers Strips
Apple Sauce
100% Fruit Juice
Milk

Available Daily

Deli bar, yogurt plate and salad entrée
All meals Served with Choice of 1% milk, Fat Free Chocolate Milk, Fruit, Vegetables & 100% Fruit Juice
Any questions or concern please reach out to Denise Delpesh.

This institution is an equal opportunity.

MENU SUBJECT TO CHANGE



SECOND OPTIONS:

Mondays: Mini Pancakes Tuesdays: Corn Dog
Wednesdays: Chicken Patty Sandwich
Thursdays: Hamburgers
Fridays: BBQ Chicken Sandwich
Denise Delpesh, Director of Food Service
delpesh-denise@aramark.com 914-693-1500 Ex 3011